

Digital Nomad Preparation Checklist

Before you become a successful digital nomad, you need to do a little due diligence.

Preparation is necessary. Elimination of the “unnecessary” is critical. A fun and exciting shift in mindset is part of the equation. Below is a simple checklist to ensure you are on track. For significantly more resources, click over to www.johnspencerellis.com



- **Financial Planning:**
 - Set up a sustainable budget that accounts for travel expenses, accommodations, work-related costs, and emergencies.
 - Establish remote income streams or freelance clients to ensure a steady source of income while traveling.
 - [Build a simple, effective, and profitable online business that works anywhere in the world.](#)
- **Remote Work Setup:**
 - Evaluate your remote work requirements (laptop, software, tools) and ensure you have the necessary equipment and access to reliable internet connections.
- **Healthcare and Insurance:**
 - Research and [secure international health insurance](#) that covers medical expenses and emergencies while abroad.
 - Verify if your current health insurance covers travel and consider additional travel insurance for added protection.
- **Visas and Legalities:**
 - Research visa requirements for the countries you plan to visit and understand the duration of stay, entry regulations, and any work permits needed.
 - Ensure your passport is valid for at least six months beyond your planned return date.

- **Accommodations and Logistics:**
 - Research accommodations options such as short-term rentals, co-living spaces, or hostels, depending on your budget and preferences.
 - Plan your travel routes and transportation between destinations, considering flight options, train routes, or bus schedules.
- **Packing and Minimalism:**
 - Pack essential items, versatile clothing, and work-related gear while embracing a minimalist mindset to avoid overpacking.
 - Invest in a quality travel backpack or suitcase that suits your mobility needs.
- **Health and Wellness:**
 - Arrange for necessary vaccinations and medications based on your travel destinations.
 - Create a wellness routine that includes exercise, healthy eating, and mental well-being practices.
- **Financial Management:**
 - Set up online banking, payment platforms, and currency conversion tools to manage your finances across different countries.
 - Notify your bank about your travel plans to avoid potential issues with accessing funds.
- **Backup and Security:**
 - Back up important documents, files, and passwords securely in digital and physical formats.
 - Research data security measures to protect sensitive information while using public Wi-Fi networks.
- **Communication and Networking:**
 - Notify clients, employers, and important contacts about your travel plans and provide alternative methods of communication.
 - Connect with other digital nomads or expats to gather insights, tips, and potential collaboration opportunities.

By addressing these key items before embarking on your digital nomad journey, you'll lay a strong foundation for a successful and enriching experience as you explore the world while maintaining your remote work and lifestyle goals.

If you need additional coaching or consulting, [click here](#).

Thanks,

JSE